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**Friday • Lent and Passiontide**

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**Morning****for the church**

to know the companionship of Christ in suffering;  
to make room for all (sixth mark of a healthy church)

**for the world**

The Americas; United Nations and other international organisations

**for ourselves**

hope (theological virtue)

**Evening****for the church**

Methodist church, Salvation Army  
To strive to safeguard the integrity of creation and sustain and renew  
the life of the earth (fifth mark of mission)

**for the world**

people of retirement age; health services; pension provision

**for ourselves**

to be free from Envy (Latin, *invidia*);  
to grow in patience and self-control

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**Saturday • Kingdom season**

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**Morning****for the church**

to be strengthened by our fellowship with all the faithful; to focus on  
doing a few things well (seventh mark of a healthy church)

**for the world**

Europe, Scandinavia; recycling; carbon footprint, renewable energy

**for ourselves**

charity (theological virtue)

**Evening****for the church**

Pentecostal and charismatic churches; Baptist and new churches

**for the world**

elderly people – living alone, in care homes, in hospitals and hospices;  
travel and transport

**for ourselves**

to be free from Pride (Latin, *superbia*);  
to grow in humility and joy

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**Weekly Intercessions**

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**Sunday • Eastertide**

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**Morning****for the church**

to live in accordance with our new life in Christ;  
to be energized by faith (first mark of a healthy church)

**for the world**

seas and islands; South Pacific, Australasia, Polynesia ...  
care for our environment

**for ourselves**

prudence (cardinal virtue)

**Evening****for the church**

The World Council of Churches; Churches Together in Britain and  
Ireland; ... the universal church; inter-faith relations

**for the world**

babies, born and unborn;  
disadvantaged and disabled groups and people

**for ourselves**

to be free from Lust (Latin, *luxuria*);  
to grow in wisdom and knowledge of truth

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**Monday • Pentecost**

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**Morning****for the church**

to seek and welcome the inspiration of the Holy Spirit;  
to have an outward-looking focus (second mark of a healthy church)

**for the world**

the Near and Middle East;  
health and safety in employment

**for ourselves**

justice (cardinal virtue)

**Evening****for the church**

The Roman Catholic Church and the Uniate churches;  
To proclaim the Good News of the Kingdom (first mark of mission)

**for the world**

children; fairtrade and trade justice

**for ourselves**

to be free from Gluttony (Latin, *gula*);  
to develop the fruit of the Spirit

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**Tuesday • Advent**


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**Morning****for the church**

to live in expectation of the coming kingdom;  
to seek to find out what God wants (third mark of a healthy church)

**for the world**

Asia;  
clean water

**for ourselves**

temperance (cardinal virtue)

**Evening****for the church**

Eastern Orthodox and Oriental Orthodox churches  
To teach, baptise and nurture new believers (second mark of mission)

**for the world**

youth – education and training; vocation; leisure time

**for ourselves**

to be free from Greed (Latin, *avaritia*);  
to grow in holiness and devotion

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**Wednesday • Christmastide**


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**Morning****for the church**

to recognise the presence of Christ among us;  
to face the cost of change and growth (fourth mark of a healthy church)

**for the world**

Russia and former soviet republics;  
inter-faith and cultural relations; communication and language skills

**for ourselves**

fortitude (cardinal virtue)

**Evening****for the church**

Lutheran, Anglican and other episcopal churches;  
To respond to human need by loving service (third mark of mission)

**for the world**

young adults – parenthood, family life, employment, careers, work/life balance;  
freedom and responsibility in society; citizenship

**for ourselves**

to be free from Sloth (Latin, *acedia*);  
to grow in kindness and compassion

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**Thursday • Epiphanytide**


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**Morning****for the church**

to live in adoration of Christ and perceive his glory;  
to operate as a community (fifth mark of a healthy church)

**for the world**

Africa;  
food for all; peace between factions

**for ourselves**

faith (theological virtue)

**Evening****for the church**

United Reformed Church, other Congregational churches;  
To seek to transform unjust structures of society (fourth mark of mission)

**for the world**

middle-aged people – mentoring, coaching, consultancy;  
the political process; integrity in leadership and public life

**for ourselves**

to be free from Wrath (Latin, *ira*);  
to be an agent of peace and reconciliation