

for the world

The Americas;
the United Nations and other international organisations

for ourselves

hope (theological virtue)

Evening

for the church

Methodist churches, the Salvation Army

for the world

people of retirement age; health services; pension provision

for ourselves

to be free from Envy (Latin, *invidia*);
to grow in patience and self-control

Saturday • Kingdom season

Morning

for the church

to be strengthened by our fellowship with all the faithful;
to focus on doing a few things well (seventh mark of a healthy church)

for the world

Europe, Scandinavia;
recycling; carbon footprint; renewable energy

for ourselves

charity (theological virtue)

Evening

for the church

Pentecostal and charismatic churches

for the world

elderly people – living alone, in care homes, in hospitals and hospices; travel and transport

for ourselves

to be free from Pride (Latin, *superbia*);
to grow in humility and joy

Weekly Intercessions

Sunday • Eastertide

Morning

for the church

to live in accordance with our new life in Christ;
to be energized by faith (first mark of a healthy church)

for the world

seas and islands; South Pacific, Australasia, Polynesia ...
care for our environment

for ourselves

prudence (cardinal virtue)

Evening

for the church

The World Council of Churches; Churches Together in Britain and Ireland; ... the universal church; inter-faith relations

for the world

babies, born and unborn;
disadvantaged and disabled groups and people

for ourselves

to be free from Lust (Latin, *luxuria*);
to grow in wisdom and knowledge of truth

Monday • Pentecost

Morning

for the church

to seek and welcome the inspiration of the Holy Spirit;
to have an outward-looking focus (second mark of a healthy church)

for the world

the Near and Middle East;
health and safety in employment

for ourselves

justice (cardinal virtue)

Evening

for the church

The Roman Catholic Church and the Uniate churches

for the world

children; fairtrade and trade justice

for ourselves

to be free from Gluttony (Latin, *gula*);
to develop the fruit of the Spirit

Tuesday • Advent

Morning

for the church

to live in expectation of the coming kingdom;
to seek to find out what God wants (third mark of a healthy church)

for the world

Asia;
clean water

for ourselves

temperance (cardinal virtue)

Evening

for the church

Eastern Orthodox and Oriental Orthodox churches

for the world

youth – education and training; vocation; sport and leisure

for ourselves

to be free from Greed (Latin, *avaritia*);
to grow in holiness and devotion

Wednesday • Christmastide

Morning

for the church

to recognise the presence of Christ among us;
to face the cost of change and growth (fourth mark of a healthy church)

for the world

Russia and former soviet republics;
inter-faith and cultural relations; communication and language skills

for ourselves

fortitude (cardinal virtue)

Evening

for the church

Lutheran, Anglican and other episcopal churches

for the world

young adults – parenthood, family life, employment, careers,
work/life balance;
justice and freedom in society; responsibility and citizenship

for ourselves

to be free from Sloth (Latin, *acedia*);
to grow in kindness and compassion

Thursday • Epiphanytide

Morning

for the church

to live in adoration of Christ and perceive his glory;
to operate as a community (fifth mark of a healthy church)

for the world

Africa;
food for all; peace between factions

for ourselves

faith (theological virtue)

Evening

for the church

Congregational, Presbyterian and Baptist churches

for the world

middle-aged people – mentoring, coaching, consultancy;
the political process; integrity in leadership and public life

for ourselves

to be free from Wrath (Latin, *ira*);
to be an agent of peace and reconciliation

Friday • Lent and Passiontide

Morning

for the church

to know the companionship of Christ in suffering;
to make room for all (sixth mark of a healthy church)